

ANIMA ANATOMIA



1. Description of the club :

- The Anatomical Club "Anima Anatomia" (hereinafter referred to as the Club) is a student-led educational organization based at Caspian International School of Medicine (CISM). The Club is dedicated to enhancing the understanding and appreciation of human anatomy through interactive learning and collaboration.
- The Club unites students with a strong interest in anatomy and medical sciences, fostering their academic and professional growth through various activities such as workshops, hands-on sessions, and peer-to-peer learning.
- The Club operates on the principles of voluntarism, academic freedom, interactive learning, and active student engagement. It serves as a dynamic platform for students to explore new learning methodologies, develop communication skills, and build teamwork abilities.
- The Club has its own emblem and branding and actively utilizes Instagram and YouTube to promote educational content in an engaging format (edutainment). These platforms are used to share valuable anatomical insights, create awareness about the importance of anatomy in medical practice, and engage a broader audience, including prospective students.

2. Goals and Objectives of the club :

- The main goals of the Club:

- To provide a platform for in-depth study of anatomy through innovative and engaging educational experiences;
- To enhance practical learning through interactive activities such as dissection demonstrations and 3D modeling;
- To popularize anatomy and medical knowledge within the student community and beyond by using creative media strategies.

- The main objectives of the Club:

- Organizing anatomy-related competitions, quizzes, and Olympiads to foster a spirit of academic excellence;
- Developing and leading interactive anatomy lessons with hands-on learning experiences;
- Managing social media platforms, producing educational videos on YouTube, and hosting live online lectures with medical professionals;
- Providing additional study sessions, peer tutoring, and mentorship programs for students struggling with anatomy;
- Establishing partnerships with other student organizations and universities to create knowledge-sharing opportunities.

3. Organisational Structure of the club :

The Club is an open community with no restrictions on the number of members, allowing equal opportunities for all interested students to participate.

- Membership Procedure:

- A prospective member must submit an application and undergo an interview with current Club members to ensure alignment with Club goals and enthusiasm for participation.
- Upon approval, the candidate becomes a full-fledged member of the Club, gaining access to exclusive events, study materials, and project opportunities.

- **The Club is managed by a student-led team, including:**

- **Chairman – Vaibhav Gupta.** (Oversees the Club's activities, represents it at official events, and liaises with the CISM administration, ensuring smooth operations and strategic growth.)
 - **Vice-Chairperson – Anshul Yadav** (Assists the Chairperson in decision-making and helps coordinate Club activities, focusing on efficiency and member engagement.)
 - **PR and Media Coordinator – Mahendra Kumawat** (Manages the Club's Instagram and YouTube, creates digital content, and organizes social media engagement to broaden outreach and visibility.)
 - **Secretary – Leema Soni** (Handles documentation, organizes meetings, maintains reports, and ensures communication between members and leadership.)
- For each project, a **temporary project group** is formed with a **Project Manager** at the head. This structure ensures flexibility and allows students to engage in different aspects of Club activities. After the project is completed, the group is dissolved, and new teams are formed as needed.

4. Activities of the Club:

- Educational and Interactive Events:
 - Hosting lectures, seminars, and discussions led by experienced professionals and senior students;
 - Organizing anatomy Olympiads and competitions to test and enhance knowledge retention;
 - Developing interactive learning sessions, including anatomical escape rooms, role-playing case studies, and digital dissections.
- Practical Training:
 - Studying anatomical models and specimens in collaboration with the university's laboratory;
 - Practicing anatomical sculpting and illustration to enhance understanding of structures and spatial orientation;
 - Conducting hands-on workshops that integrate medical imaging techniques, 3D visualization, and virtual reality for an immersive learning experience.
- Media and Online Engagement:
 - Managing Instagram and YouTube platforms to engage students and external audiences with high-quality anatomical content;
 - Producing video lectures and live Q&A sessions featuring medical professionals and guest speakers;
 - Developing interactive educational programs, quizzes, and online challenges to make learning anatomy enjoyable and accessible.
- Student Support:
 - Conducting additional anatomy lessons and study groups for students needing extra assistance;
 - Creating study guides, digital flashcards, and learning materials to support academic success;
 - Establishing peer mentorship programs where experienced members guide new students in their academic journey.

5. Membership and participation:

- Membership is open to all CISM students with a keen interest in anatomy, regardless of academic year or experience level.
- To join the Club, a prospective member must:
 - Submit an application;
 - Pass an interview with current Club members to assess their enthusiasm and commitment.
- Members are expected to actively participate in Club activities, contribute to its initiatives, and adhere to ethical academic standards.
- Failure to comply with Club rules, continuous non-participation, or violation of ethical standards may result in temporary suspension or removal from the Club.

6. Final Provisions:

- These Regulations come into force upon approval by the CISM administration and will be subject to periodic review and updates.
- Any amendments or additions must be proposed by Club members, reviewed by the leadership team, and approved by the CISM administration.
- The Club has the right to officially represent CISM at international student medical conferences, collaborative events, and outreach programs.
- The Club operates in compliance with CISM's internal policies and academic standards, ensuring that all activities

7. Official Members list :

1. Vaibhav Gupta
2. Leema Soni
3. Anshul Yadav
4. Shashank Dev Saraswat
5. Anjesh Kumar
6. Nikhil Dubey
7. Tanish Chopra
8. Amitesh
9. Vaishnavi Khairat
10. Rucha Mali
11. Raturaj Salve
12. Jay Warad
13. Quveensh Sheokand
14. Durgesh Jaglan
15. Himanshu Sharma
16. Garvit Dinodia
17. Mahendra Kumawat

Anatomy Club Activity Plan for the 2024-2025 Academic Year

1. General Objectives

- Enhance students' understanding of human anatomy through interactive sessions.
- Promote research and academic excellence among members.
- Foster collaboration with medical professionals and institutions.
- Increase outreach and engagement through social media and community events.

2. Monthly Activities

September 2024

- Welcome meeting for new members.
- Introduction to the Club's mission and goals.
- Team-building activities.

October 2024

- Judging anatomy quiz "Anatomy inside out".
- Social media campaign: "..Educational Channel on youtube.."

November 2024

- Workshop on "Artistic Anatomia"
- Study sessions for students before midterm exams.

December 2024

- Special lecture on "Preparation for final exams"
- Assisting professors in final exam of Anatomy and Histology.

January 2025

- Winter break (self-study and social media engagement).
- Peer teaching sessions: Senior students mentoring juniors.

February 2025

- Clinical workshop on suture "Stitchopia"
- Brain sharpening activities in daily classes.

March 2025

- Organising anatomy quiz competition "Inside out"
- Participation in an inter-university anatomy competition.

April 2025

- Workshop on "Musculoskeletal System and Sports Injuries."
- Online anatomy trivia challenge.
- Research discussion: "Future Trends in Anatomical Studies."

May 2025

- End-of-year review and feedback session.
- Certification distribution for active members.
- Elections for the next academic year's leadership team.
- Social event: "Anatomy Club Celebration Night."

3. Special Projects and Collaborations

- Initiate collaboration with anatomy departments in other medical universities.
- Develop engaging educational content for social media (Instagram reels, quizzes, and study tips).
- Establish partnerships with professionals for career guidance and mentoring.
- Organize a student-led research symposium focused on anatomical sciences.

4. Evaluation and Reporting

- Monthly meetings to assess progress and address challenges.
- Member feedback surveys to improve future activities.
- End-of-year report summarizing achievements and areas for growth.

Anatomy Club Semiannual Report (2024-2025 Academic Year)

1. Introduction The first half of the 2024-2025 academic year has been an active and productive period for the Anatomy Club. This report provides a comprehensive review of our activities, achievements, challenges, and future plans.

2. Membership Overview

- **Total Members:** [17]
- **New Members Added:** [10]
- **Retention Rate:** []
- **Active Participants in Events:** [17]

3. Events and Activities

Date	Event Name	Description	Attendance
September	Welcome Meeting	Orientation for new members	[10]
October	Anatomy Quiz Competition, Start Educational channel on youtube.	Judge the competition, Making educational videos for students .	[2], [17]
November	Artistica Anatomia, Student Assessment week	Mixing brain anatomy with Artistic view, Helping teacher and students with their classes.	[17]
December	Exam Assistance	Assisting teachers in Anatomy as well as Histology final exams	[17]
January	Initiate Supervising programme in anatomy classes	Supervising Students of 2nd semester	[17]
February	Suture Workshop (Stitchopia)	Explaining Clinicals Procedures like Suture to Students of 5th & 6th sem.	[17]

4. Social Media and Outreach

- **Instagram Growth:** [73.9%]
- **Top Performing Post:** [Reel on 25th January : 13,395 views]
- **Engagement Rate:** [Instagram - 531.9%] [Youtube- 22%]
- **Collaborations:** [@cism_official and @scd.caspian]

5. Challenges and Solutions

Challenge	Solution Implemented
Limited Resources for Hands-on Sessions	Fundraising & Institutional Support

Scheduling Conflicts	Flexible Event Timings & Recorded Sessions
Low Research Engagement	Structured Mentorship & Research Teams

7. Future Plans and Goals

- **Expand membership and engagement.**
- **Host an inter-university anatomy competition.**
- **Strengthen partnerships with medical institutions.**
- **Enhance social media strategy with interactive content.**

8. Conclusion The first half of the academic year has demonstrated significant progress in achieving the club's mission. With continued efforts and strategic improvements, the Anatomy Club is poised for further success in the coming months.